



## Physicochemical, functional and flow properties of a coffee husk flour

Rebolledo-Hernández, María Virginia; Cocotle-Ronzón, Yolanda; Hernández-Martínez, Eliseo; Morales-Zarate, Epifanio; Acosta-Domínguez, Laura  
Physicochemical, functional and flow properties of a coffee husk flour  
CIENCIA *ergo-sum*, vol. 30, núm. 3, noviembre 2023-febrero 2024 | e211  
Ciencias Naturales y Agropecuarias  
Universidad Autónoma del Estado de México, México  
Esta obra está bajo una Licencia Creative Commons Atribución-NoComercial-SinDerivar 4.0 Internacional.



Rebolledo-Hernández, M. V., Cocotle-Ronzón, Y., Hernández-Martínez, E., Morales-Zarate, E. & Acosta-Domínguez, L. (2023). Physicochemical, functional and flow properties of a coffee husk flour. *CIENCIA ergo-sum*, 30(3). <http://doi.org/10.30878/ces.v30n3a7>

# Physicochemical, functional and flow properties of a coffee husk flour

## Propiedades fisicoquímicas, funcionales y de flujo de una harina de cáscara de café

*María Virginia Rebolledo-Hernández*

*Universidad Veracruzana, México*

viki.mvrh@gmail.com

 <http://orcid.org/0009-0008-8689-9825>

Recepción: 10 de enero de 2022

Aprobación: 26 de mayo de 2022

*Yolanda Cocotle-Ronzón*

*Universidad Veracruzana, México*

ycocotle@uv.mx

 <http://orcid.org/0000-0003-0435-2495>

*Eliseo Hernández-Martínez*

*Universidad Veracruzana, México*

elisehernandez@uv.mx

 <http://orcid.org/0000-0002-8976-6605>

*Epifanio Morales-Zarate*

*Universidad Veracruzana, México*

epmorales@uv.mx

 <http://orcid.org/0000-0001-7148-9235>

*Laura Acosta-Domínguez\**

*Universidad Veracruzana, México*

lacosta@uv.mx

 <http://orcid.org/0000-0003-3448-8094>

### RESUMEN

Se analiza la factibilidad de uso de la harina de cáscara de café en la producción de alimentos mediante la determinación de sus propiedades fisicoquímicas, funcionales y de flujo. Los resultados muestran que la harina de cáscara de café es rica en fibra cruda (13.94 g/100 g s.s.), cenizas (7.86 g/100 g s.s.) y proteínas (8.3 g/100 g s.s.). La harina presentó buena capacidad de hinchamiento (9.72 g/g s.s.), de retención de agua y aceite (2.41 g/g s.s., 1.37 g/g s.s., respectivamente) y de alta solubilidad (44.7%). Por lo tanto, la harina de cáscara de café podría ser usada en la elaboración de productos alimenticios como una fuente de componentes funcionales.

**PALABRAS CLAVE:** cáscara de café, harina, propiedades funcionales, propiedades de flujo, composición química.

### ABSTRACT

It was analyzed the feasibility of using coffee husk flour in food production, through the determination of its physicochemical, functional and flow properties. The results showed that coffee husk flour is rich in crude fiber (13.94 g/100 g d.s.), ash (7.86 g/100 g d.s.) and proteins (8.3 g/100 g d.s.). The flour presented good swelling capacity (9.72 g/g d.s.), oil and water retention capacity (2.41 g/g ds, 1.37 g/g d.s., respectively) and high solubility (44.7%). Therefore, coffee husk flour could be used in the elaboration of food products as a source of functional components.

**KEYWORDS:** Coffee husk, flour, functional properties, flow properties, chemical composition.

### INTRODUCCIÓN

The most commercialized flour is wheat flour, however, in the last decade, studies have been carried out to determine physical-chemical and tecnofunctional properties of different sources for the generation of flours such

---

\*AUTORA PARA CORRESPONDENCIA

lacosta@uv.mx

as tubers, legumes, pseudo-cereals, some fruits and vegetables, among others (Ferreira *et al.*, 2013; Gostin, 2019; Kui *et al.*, 2014). These studies have shown that different raw materials have physicochemical and functional properties that make them attractive and have great potential for the food industry such as high protein and fiber content or good water and oil absorption.

Flour plays an important role in the food industry, as it is the basis to produce various foods such as bread, yeast-free baked goods, pasta, extruded sandwiches, among others. Therefore, understanding and knowledge of the chemical composition, physicochemical and functional properties of flours are essential to determine their viability of use and application in specific food products (Kraithong *et al.*, 2018; Wang *et al.*, 2020).

Among the options for obtaining raw materials for the generation of functional flours, we can find different agro-industrial waste, which in addition to having the potential to generate value-added products, contribute to the reduction of its impact on the environment. For example, coffee is one of the most commercialized products worldwide, however more than 50% of the fruit is discarded and is generally considered as a waste that is discharged without proper treatment, which can become a serious environmental pollution problem, since it increases the oxygen demand for its degradation due to the high amounts of organic matter that they represent (Benitez *et al.*, 2019; Esquivel & Jiménez, 2012; Mussato *et al.*, 2011).

The husk, pulp, parchment, silver husk and ground coffee represent at least 90% of the total waste produced during the coffee production chain (Iriondo-DeHond *et al.*, 2019). The coffee husk is the outer skin with a characteristic hard structure that is obtained by separating the silver skin from the coffee and that is rich in caffeine, tannins, pectin, polyphenols, and carbohydrates, mainly mono and disaccharides (Janissen & Huynh, 2018). Therefore, the production of a flour from the coffee husk may represent a viable way for the use of these residues produced by the coffee industry. In that sense, the objective of this work was to determine the physicochemical, functional and flow properties of a coffee husk flour to analyze its feasibility of use in food production, as well as possible limitations.

## 1. MATERIALS AND METHODS

Coffee husk flour (CHF) free of agrochemicals was provided by the company Ocelot from Veracruz, Mexico, which was sieved using a mesh size of 250  $\mu\text{m}$  (number 60) and was stored at room temperature in an airtight container for later use. Coffee husk of *Coffea arabica* variety was obtained from parchment during the production of coffee green beans by dry process of coffee fruit.

### 1. 1. Determination of chemical composition

Physicochemical properties as moisture (925.10), ashes (923.03), proteins (920.87, N x 6.25), crude fiber (978.10), titratable acidity (942.15) and fats (922.06) were determined according to the official methods established by the Association of Official Analytical Chemists (AOAC, 2000). Reducing sugars were determined by Miller method.

### 1. 2. Determination of functional properties

#### 1. 2. 1. Water Holding Capacity (WHC)

The determination of water holding capacity was carried out according to the methodology established by Ateş and Emalci (2018) with modifications. First, 1g of sample was placed in a centrifuge tube and added 10 mL of distilled water; it was vortexed for 2 min at 1 800 rpm and allowed at room temperature for 30 min. Then, it was centrifuged at 3 000 rpm for 25 min, the supernatant was decanted, removing excess water. Water holding capacity was reported as grams of water absorbed per gram of dry sample.

### 1. 2. 2. Oil Holding Capacity (OHC)

The oil holding capacity was determined following the methodology established by Kraithong *et al.* (2018). 1 g of sample was weighed and mixed with 10 mL of soybean oil; subsequently, it was centrifuged at 4 000 rpm for 20 min, decanted oil and weighed the sample. Values were expressed as grams of oil absorbed per gram of dry sample.

### 1. 2. 3. Solubility Index (SI) and Swelling Capacity (SC)

The solubility index and the swelling capacity were determined by the methodology established by Zhu & He (2020) with some modifications. A sample of flour (0.15 g) was dissolved in 10 mL of distilled water and placed in a bath at 70 °C for 30 min, stirring periodically, after that, it was cooled at room temperature and was transferred into centrifuge tubes, which were previously weighed, and then it was centrifuged for 30 min at 3 000 rpm at room temperature. The supernatant was decanted into evaporation trays of known weight, and the pellet was weighed. To determine the mass of the dissolved solids in the supernatant, it was placed in an oven at 60 °C for 24 h. The solubility index and swelling capacity were determined using equations 1 and 2.

$$SI (\%) = \frac{W_1}{W_0} \times 100 \quad (1)$$

$$SC \left( \frac{g}{g} \right) = \frac{W_s}{\left[ W_0 \times \left( 1 - \frac{SI}{100} \right) \right]} \quad (2)$$

Where  $W_1$  is the mass of the dry supernatant,  $W_0$  is the mass of the flour;  $W_s$  is the mass of the solid material and the remaining gel that adheres to the walls of the centrifuge tube.

### 1. 2. 4. Hygroscopicity

Hygroscopicity was determined with the method established by Islam *et al.* (2017). A sample (0.25 g) was weighed and placed in a desiccator with a saturated solution of NaCl (75.29% RH). Weighed the sample after one week, and the hygroscopicity was determined as the mass of hygroscopic moisture per 100 g of dry solid.

### 1. 2. 5. Viscosity

The viscosity of CHF was determined using the methodology established by Li *et al.* (2019) with some modifications. A 13% w/w flour suspension was prepared and placed on the rheometer plate (AR2000ex rheometer, 60 mm parallel plates.) with a 1mm plate spacing. A frequency sweep was performed from 0.1 to 10 Hz at 25 °C and at a constant voltage of 0.2 per cent.

## 1. 3. Determination of flow properties

### 1. 3. 1. Apparent density

Apparent density was determined according to FEUM (2014). 1g of sample was weighed and allowed to flow into a 10 ml graduated cylinder, recording the sample volume occupied in mL, the density was calculated with equation 3.

$$\rho_g = \frac{m}{v} \quad (3)$$

Where  $\rho_a$  is the apparent density,  $m$  is the mass of the flour and  $v$  the volume occupied by the flour.

### 1. 3. 2. Compacted density

The determination of the compacted density was carried out according to FEUM (2014) with some modifications. 1 g of sample was weighed and poured into a 10 mL graduated cylinder, then the “tapping” was carried out, which consisted of raising the cylinder to a height of 10 cm and returning it to the surface, repeating this 250 times, recording the final volume occupied. Finally, compacted density was calculated using equation 4.

$$\rho_c = \frac{m}{v_c} \quad (4)$$

Where  $\rho_c$  is the compacted density,  $m$  is the mass of the sample and  $v_c$  is the compacted volume.

### 1. 3. 3. Particle density

Particle density is the mass of the solid fraction divided by the volume it occupies, excluding the intergranular spaces (Ambrose *et al.*, 2015). The determination of particle density was carried out as established by Jinapong *et al.* (2008). 1 g of flour was placed in a 10 mL measuring cylinder; subsequently, 5 mL of petroleum ether was added and mixed with 1 mL more of ether to wash the walls of the cylinder. The particle density was determined using equation 5.

$$\rho_{particula} = \frac{\text{weight of sample (g)}}{\text{sample + ether volumen(mL)} - 6} \quad (5)$$

### 1. 3. 4. Hausner Index (HI)

Hausner index is an indicator of fluidity and determines the degree of cohesiveness of powders. HI values  $> 1.4$  indicate high cohesiveness, values between 1.2 and 1.4 indicate an intermediate cohesiveness and, values  $< 1.2$  indicate low cohesiveness (Islam *et al.*, 2017). Hausner index was calculated using equation 6.

$$HI = \frac{\rho_g}{\rho_c} \quad (6)$$

Where  $\rho_g$  is the packed density and  $\rho_c$  is the bulk density.

### 1. 3. 5. Compressibility Index (CI)

Compressibility index or Car index is an indicator of flowability that determines how prone a powder is to be compressed (Ambrose *et al.*, 2015). Compressibility values  $< 15$ , 15-20, 20-35, 35-45 and  $> 45\%$  represent excellent, good, intermediate, little and very little fluidity, respectively (Islam *et al.*, 2017). The Car index was calculated with equation 7.

$$CI = \frac{\rho_c - \rho_g}{\rho_c} \times 100 \quad (7)$$

Where  $\rho_c$  is the packed density and  $\rho_g$  is the bulk density.

### 1. 3. 6. Angle of repose

The angle of repose was determined following the method established by Bian *et al.* (2015) with some modifications. A 30 g sample was taken and sieved to eliminate any possible agglomerations that could form, after that,

a funnel was placed in universal support at a height of 12.5 cm with respect to the base. The sample was allowed to flow through the funnel and the diameter of the cone formed as well as the height was measured. It was used equation 8 to determine the angle of repose.

$$\theta = \tan^{-1} \frac{2h}{d} \quad (8)$$

Where  $\theta$  is the repose angle,  $h$  is the height of the cone formed,  $d$  the diameter of the base of the cone.

### 1. 3. 7. Porosity

Porosity was determined according to Islam *et al.* (2017) and it was calculated using equation 9.

$$\varepsilon = \frac{\rho_p - \rho_c}{\rho_p} \times 100 \quad (9)$$

Where  $\varepsilon$  is the porosity,  $\rho_p$  the density of the particle and  $\rho_c$  the compacted density.

### 1. 4. Statistical analysis

All tests in this study were performed in triplicate and the values were expressed as mean  $\pm$  standard deviation (SD).

## 2. RESULTS AND DISCUSSION

### 2. 1. Coffee husk flour chemical composition

Table 1 shows the chemical composition of coffee husk flour, where the values of crude fiber, proteins, ash, lipids, moisture content, reducing sugars and acidity are showed. Fiber crude and proteins of CHF were lower with respect to the coffee pulp flour elaborated by Ramirez & Jaramillo (2015) (fiber 18.1% and protein 10.5%); however, protein values were like those of Iriundo-DeHond *et al.* (2019), who reported 8.4% of proteins in coffee husk flour.

TABLE 1  
Chemical composition of CHF

Chemical component	Composition (g/100g d.s.)
Moisture content	8.97 $\pm$ 0.05
Proteins	8.30 $\pm$ 0.31
Crude fiber	13.94 $\pm$ 1.97
Ash	7.86 $\pm$ 1.08
Lipids	1.46 $\pm$ 0.01
Reducing sugars	12.39 $\pm$ 0.39
Titrateable acidity (g citric acid)	1.70 $\pm$ 0.073

Fuente: own elaboration.  
The data are presented as mean  $\pm$  SD ( $n = 3$ ).

Brand *et al.* (2000) reported 6.6 g/100 g d.s. for coffee husk, this value is lower than the determined in this work, which can be due to various factors such as the climate and the type of soil where coffee fruit grows, as well as the processing method used to produce flour.

The moisture content of coffee husk flour was 8.97 g/100 g d.s., this is lower than the value established by the Official Mexican Standard NOM-247-SSA1-2008 (SEGOB, 2009) for wheat flour and other types of cereals (15%), which implies a lower growth of microorganisms and slower development of deterioration reactions. Higher moisture content can cause difficulties during handling and transport in the flour production and storage chain. On the other hand, it can generate undesirable effects such as spoilage due to microbial growth, the formation of agglomerates or caking can be generated and consequently, the quality of the product can be affected (Barbosa-Cánovas & Yan, 2003).

Regarding lipids and ash, the data of coffee husk flour elaborated in this work (1.46 g/100 g d.s. and 7.86 g/100 g d.s., respectively) were close to those of Ramirez & Jaramillo (2015), who reported 1.63% of lipids and 8.2% of ashes for coffee pulp flour. Iriundo-DeHond *et al.*, 2019 reported 2.7% of lipids in a coffee husk. The low amount of lipids present in coffee husk flour represent something desirable since it reduces the possibility of undesirable flavors and odors caused by rancidity. However, coffee husk flour had a higher ash content (7.86% w/w) than silver skin (5.36% w/w) and spent coffee (1.30% w/w), which was reported by Ballesteros *et al.* (2014). A higher amount of ash represents a higher mineral content, therefore a major amount of minerals present in the CHF can be consumed. About it, around 50 minerals present in different concentrations have been detected in the coffee fruit (Marino, 2019). Heuzé & Tran (2015) reported the presence of manganese, copper, zinc, calcium, potassium, sodium, phosphorus, and magnesium in the coffee husk, some of these minerals are considered essential.

Coffee husk flour presented a greater amount of protein (8.30 g/100 g s. s.) than the other flours used to replace wheat flour, in this regard, Li *et al.* (2019) reported 0.98 g/100 g for yam flour and Yuksel *et al.* (2022) reported 6.9 g/100 g for corn and potatoes flour. Reducing sugars and titrable acidity present in the coffee flour (12.39 g/100 g d.s. and 1.7 g citric acid/100 g d. s., respectively) were higher than the value for the coffee bean, according to Arya *et al.* (2022). It is known that reducing sugars and acidity are responsible for providing flavor, aroma and color in coffee and can impact the taste and smell of the foods. They can act as indicators of the state of conservation of the flour since they can generate deterioration reactions during storage (Huang *et al.*, 2020). If the acidity values are higher and the reducing sugar are lower, in that case, it can be associated with a possible fermentation which in turn could cause undesirable flavors in the flour. The differences between the composition of the flour analyzed in this work with other flours from similar sources are due to factors such as the species and variety of the fruit, the edaphic and climatic conditions, the treatment to produce the flour as reported by Kui *et al.* (2014).

## 2. 2. Functional properties

### 2. 2. 1. Oil holding capacity and water holding capacity

Oil Holding Capacity (OHC) and water holding capacity (WHC) for coffee husk flour are shown in table 2. WHC was 2.41 g water/g d.s., which is very close to WHC of parchment (2.6 mL/g), although it is lower than those for silver skin and spent coffee (5.11 g water/g d.s. and 5.73 g water/g d.s., respectively) reported by Ballesteros *et al.* (2014). Water and oil holding capacity can be defined as the ability of the flour to retain water or oil physically, capillary and hydrodynamically after a centrifuge force is applied. It is known that fiber is associated with the ability to retain water and oil when incorporated to certain foods (Ateş & Emalci, 2018). In this case, fiber is one of the components of the coffee husk and other by-products of coffee (silver skin and spent coffee), so the differences of WHC among the by-products of coffee, can be associated with the composition of each residue. Also, factors such as the content and distribution of polysaccharides in the cell wall affect the hydration properties (Benitez *et al.*, 2019). One of the desirable polysaccharide in the CHF is the coffee mucilage, which can provoke beneficial effects on the body because it is a soluble fiber.

Lipids play an important role regarding the sensory quality of food since they help to improve flavors and obtain softer products, improving palatability. Oil holding capacity can be influenced by factors such as particle size, charge density, as well as the surface availability of the hydrophobic nonpolar side chains of its constituent components, such as some insoluble fibers and, it can be related to the action of capillary forces (Kui *et al.*, 2014; Ballesteros *et al.*, 2014; Benitez *et al.*, 2019). Oil holding capacity of the coffee husk flour was 1.37 g oil/g d. s., this is very close to that reported by Kraithong *et al.* (2018) for Thai organic rice flour (1.11-1.34 g/g), as well as that reported by Kui *et al.* (2014) for black bean flour (1.38 g oil/g). Gouw *et al.* (2017) mentioned that the oil absorption capacity values of some flour fruits and vegetables is less than 2 g oil/g d.s. such as mangoes (0.94 g/g sample), apple (1.48 g oil/g d. s.), blueberry (1.96 g oil/g d. s.) and raspberry (1.13 g oil/g d. s.) (Ferreira *et al.*, 2013; Gouw *et al.*, 2017).

### 2. 2. 2. Solubility index, swelling capacity and hygroscopicity

As shown in table 2, the solubility index of the coffee husk flour analyzed was 44.77%. The solubility index refers to the solubility of flour in water. This value can be related to the nature of the matter from which it is obtained. The solubility of the flour was higher than that reported for Thai rice flour (2.97-7.05%) (Kraithong *et al.*, 2018) as well as legume flours (19.44 - 29.14 g/100g) (Kui *et al.*, 2014). High solubility values in polysaccharides may be related to the ability to thicken or to form gels (Lovegrove *et al.*, 2017). Some polysaccharides present in the cell wall of plant tissues have charged groups that interact with polar molecules such as water, which can favor their solubility.

TABLE 2  
Functional properties of CHF

Parameter	Results
Water Holding Capacity (g water/g d.s.)	2.41 ± 0.05
Oil Holding Capacity (g oil/g d.s.)	1.37 ± 0.01
Solubility Index (%)	44.70 ± 0.96
Swelling Capacity (g/g d.s)	9.72 ± 0.64
Hygroscopicity (g/100 g d.s.)	16.23 ± 0.18

Fuente: own elaboration.  
The data are presented as mean ± SD ( $n = 3$ ).

Iriondo-DeHond *et al.* (2019) carried out a separation and characterization of soluble solids from coffee husk flour, they reported the presence of 5-caffeoylquinic acid, caffeine, antioxidant, flavonoids, and phenolic compounds as well as some water-soluble sugars, so these functional compounds represent part of the fraction of soluble solids of coffee husk, which is beneficial in the food production if this flour is added to these. Also, the high solubility compared to other conventional flours can influence positively the interfacial functional properties (emulsification and foaming), this would be desirable in some bakery products and shakes (Foschia *et al.*, 2017).

The coffee husk flour showed a swelling capacity of 9.72 g/g d. s. (table 2), these values can be due to the fiber content present, since, as it is known, one of the main characteristics of dietary fiber is the ability to swell. Yeh *et al.* (2005) mentioned that the fibers tend to form a hydrophilic matrix, where water is trapped, filling the interstices of the quasicrystalline polysaccharide, and thus causing significant swelling. Swelling capacity of CFH (9.72 g/g d.s.) was higher than that reported for some fruits (mangoes, apple, blueberries, and raspberry) since these were between the range of 1.45 to 6.51 mL/g (Ferreira *et al.*, 2013; Gouw *et al.*, 2017).

The hygroscopicity of coffee husk flour was 16.23 g water/100 g d.s. (table 2), this value is higher than that reported by Islam *et al.* (2017) for orange juice powder, who reported 7.14 g water/100 g d.s. High hygroscopicity of the powders tends to be a problem since the increase in the humidity of these is related to the increase in the cohesiveness, giving rise to the formation of caking and development of others deterioration reactions. Water molecules show an ability to form hydrogen bond networks, as well as ion-dipole interactions, which allow them to establish interactions with other polar molecules. The exposure of hydroxyl groups by the food system allows interaction with water molecules in the environment, showing hygroscopic behavior. This moisture transfer occurs when there is a gradient between the relative humidity (RH) of environment and the water activity of the food. Therefore, optimal storage conditions must be established to guarantee the quality of the product (Acosta-Domínguez *et al.*, 2018).

### 2. 2. 3. Viscosity

Figure 1 shows the viscosity curve of coffee husk flour in a shear rate range of 0.1 to 10 rps at 25 °C. The behavior of viscosity is a representative curve of pseudoplastic fluids since this is characterized by a decrease in viscosity as the shear rate increases, which is due to the reduction of friction between the layers, similar results had Li *et al.* (2019), who reported a decrease in viscosity with the increase of frequency in yam doughs. The viscosity of the flour suspension presented a viscosity range from 6797 to 171.6 Pa·s at 25 °C in the share rate range from 0.1 to 10 rps. The viscosity of CFH was higher than the viscosity reported by Li & Zhu (2019) for kiwi fruit flour, who reported a maximum viscosity value of 2.6 Pa·s for cold kiwi fruit paste. Also, the viscosity of CFH was higher than the viscosity reported by Li *et al.* (2019) for yam doughs, who reported values from 150 to 10 Pa·s. In this regard, Lovegrove *et al.* (2017) point out that a high concentration of non-starchy polysaccharides increases the viscosity, so the high content of fiber in CFH causes an increase in its viscosity in the treated conditions.

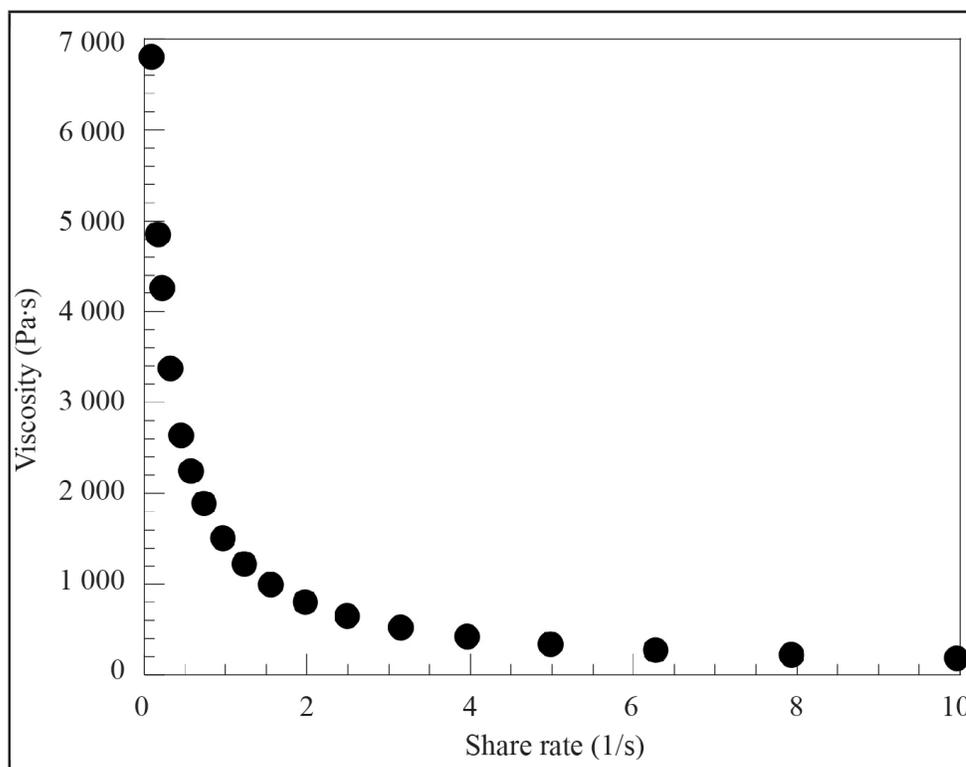


FIGURE 1  
Viscosity of CHF at 25 °C  
Source: own elaboration.

## 2. 3. Flow properties

### 2. 3. 1. Particle size and density

Table 3 shows particle size and density of the coffee husk flour. Particle size of coffee husk flour was  $\leq 250 \mu\text{m}$ , this value was very similar to that reported for rice flour and parchment. The physical properties, such as the geometry, size and surface characteristics of the individual particles and the type of food system are factors that can affect the flow and functional properties of food powders. Decreasing the particle size causes an increase in the interparticle forces, so the powder becomes more cohesive, hindering its ability to flow (Ambrose *et al.*, 2015), also, decreasing the particle size causes an increase in the contact area between the particles, which can influence functional properties such as CRA and CAA (Ballesteros *et al.*, 2014).

Density is an important physical property to consider during the transport and handling of powders. There are 3 types of densities, which are bulk or apparent density, tapped or compacted density and particle density. Bulk tapped and particle density of coffee husk flour was 0.39 g/mL, 0.56 g/mL, and 1.34g/mL, respectively.

The bulk density of coffee husk flour (0.39 g/mL) was lower than other flours such as rice (0.57-0.73 g/mL), parchment (0.7 g/mL), and wheat (0.553-0.658 g/mL) (Kraithong *et al.*, 2018; Benitez *et al.*, 2019; Bian *et al.*, 2015). Low values in the bulk density may be desirable in the elaboration of products with soft and dense textures (Kraithong *et al.*, 2018).

TABLE 3  
Density and particle size of CHF

Parameter	Results
Bulk density (g/mL)	0.39 $\pm$ 0.01
Tapped density (g/mL)	0.56 $\pm$ 0.00
Particle density (g/mL)	1.34 $\pm$ 0.08
Particle size ( $\mu\text{m}$ )	$\leq 250$

Source: own elaboration.

Note: The data are presented as mean  $\pm$  SD ( $n = 3$ ).

### 2. 3. 2. Porosity, angle of repose, compressibility, and Hausner index

During the production chain, the flours can have physical changes such as compaction or agglomerations, which can affect their flow capacity, causing problems during their handling and transport, so, for that reason, it is important the determination of the flow properties, principally. Table 4 shows porosity, angle of repose, compressibility, and Hausner index of coffee husk flour. The relationship between bulk density and compacted density is known as the Hausner index (HI), which was 1.41 for CHF, so this indicates a type of poor flow; on the other hand, the compressibility index (CI) presented a value of 29.3, which suggests an intermediate fluency based on the scale presented by Islam *et al.* (2017). Hygroscopic powders tend to present high HI and CI values (Islam *et al.*, 2017), as HI and CI increase, the powder tends to be more cohesive and therefore its fluidity decrease. Also, a powder is more cohesive, and its compressibility will be higher when the apparent density is lower. The main interparticular forces given in the system that affect the fluidity of the powders are the hydrogen bridges and the

Van der Waals forces (Ambrose *et al.*, 2015). The angle of repose can reflect the friction existing in the sample; the analyzed flour presented an angle of repose value of 33.39°, which means it has an acceptable flow, according to the scale presented by Ambrose *et al.* (2015). Porosity represents the aeration capacity of bulk solids; porosity of the analyzed flour was 54.02%, which may mean that there is a greater possibility of aeration. Small porosity values can mean lower oxygen permeability, which means a lower risk of component oxidation (Islam *et al.*, 2017).

TABLE 4  
Flow indicators of CHF

Parameter	Results
Hausner Index	1.41 ± 0.07
Compressibility index (%)	29.30 ± 3.79
Angle of repose (°)	33.39 ± 2.34
Porosity (%)	54.02 ± 1.34

Source: Own elaboration.

Note: The data are presented as mean ± SD ( $n = 3$ ).

## PROSPECTIVE ANALYSIS

The knowledge of chemical composition, functional and flow properties of the flours is very important for the determination of its final application in the food industry. Physicochemical and functional properties are involved in the process, conservation and quality control of the foods product, however all of these properties change when are used or added new ingredients in the food formulations, so it is always necessary to analyze the properties before and after adding the new ingredients. On the other hand, the flow properties can be an indicator of the volume of packaging material, but it is important to highlight that the data shown were used for the preliminary characterization of the flow of coffee flour husk and used as flow indicators, however, for the application in the design of equipment, dynamic study data are required where the powders are brought to conditions simulated processing, handling, and storage (Bian *et al.*, 2015).

## CONCLUSIONS

The composition of coffee husk flour represented a great source of crude fiber and protein and showed a high value of ash compared to other fruits flours, therefore, if it is used as an ingredient in new formulations of food products it could show benefits in the people's diet.

Coffee husk flour has good functional properties such as a higher swelling capacity and viscosity than other types of fruit flours due to its high fiber content, properties that could be used as a thickener in products such as sauces, smoothies, or dressings and also, coffee husk flour could be added in the dough of bakery foods such as cookies, breads, brownies, and products where the formation of a gluten network is not desired. The results of flow properties and the hygroscopicity of coffee husk flour suggest that it is necessary to store it in a low humidity environment to decrease the spoilage reactions and avoid caking of this, as well as use airtight packaging that prevent gas exchange.

## ACKNOWLEDGMENTS

The authors appreciate the contributions made by the evaluators, since they allowed the technical adjustments necessary to achieve the publication.

## REFERENCES

- Acosta-Domínguez, L., Alamilla-Beltrán L., Calderón-Domínguez G., Jiménez-Aparicio A.R., Gutiérrez-López G. F., & Azuara-Nieto E. (2018). Determination of total and incipient solubilization point of fructans extracted of a. Tequilana weber var. Azul. *Revista Mexicana de Ingeniería Química*, 17(1), 379-388.
- AOAC. (2000). *Official Methods of Analysis* (17th Edition). Gaithersburg: The Association of Official Analytical Chemists.
- Ambrose, R. P. K., Jan, S., & Siliveru, K. (2015). A review on flow characterization methods for cereal grain-based powders. *Journal of the Science of Food and Agriculture*, 96(2), 359-364. <https://doi.org/10.1002/jsfa.7305>
- Arya, S. S., Venkatram R., More P. R., & Vijayan P. (2022). The wastes of coffee bean processing for utilization in food: a review. *Journal of Food Science and Technology*, 59, 429-444. <https://doi.org/10.1007/s13197-021-05032-5>
- Ateş, G., & Emalci, Y. (2018). Coffee silver skin as fat replacer in cake formulations and its effect on physical, chemical, and sensory attributes of cakes. *LWT-Food Science and Technology*, 90, 519-525. <https://doi.org/10.1016/j.lwt.2018.01.003>
- Ballesteros, L., Teixeira, J. A., & Mussatto, S. I. (2014). Chemical, functional and structural properties of spent coffee grounds and coffee silverskin. *Food Bioprocess Technology*, 7, 3493-3503. <https://doi.org/10.1007/s11947-014-1349-z>
- Barbosa-Cánovas, G. V., & Yan, H. (2003). Powder characteristics of preprocessed cereal flours. In G. Kaletunç, K. J. Breslauer (Eds.), *Characterization of cereals and flours: Properties, analysis, and applications* (pp. 173-208). Marcel Dekker. Inc.: New York.
- Benitez, V., Rebollo-Hernanz, M., Hernanz, S., Chantres, S., Aguilera, Y., & Martin-Cabrejas, M. A. (2019). Coffee parchment as a new dietary fiber ingredient: Functional and physiological characterization. *Food Research International*, 122, 105-113. <https://doi.org/10.1016/j.foodres.2019.04.002>
- Bian, Q., Sittipod, S., Garg, A., & Ambrose, R. P. K. (2015). Bulk flow properties of hard and soft wheat flours. *Journal of Cereal Science*, 63, 88-94. <https://doi.org/10.1016/j.jcs.2015.03.010>
- Brand, D., Pandey, A., Roussos, S., & Soccol, C. R. (2000). Biological detoxification of coffee husk by filamentous fungi using a solid-state fermentation system. *Enzyme and Microbial Technology*, 27(1-2), 127-133. [https://doi.org/10.1016/S0141-0229\(00\)00186-1](https://doi.org/10.1016/S0141-0229(00)00186-1)
- Esquivel, P., & Jimenez, V. M. (2012). Functional properties of coffee and coffee by products. *Food Research International*, 46, 488-495. <https://doi.org/10.1016/j.foodres.2011.05.028>
- Ferreira, M.S.L., Santos, M. C. P., Moro, M. A. T., Basto, G. J., Andrade, M. R. S., & Gonçalves, E.C.B.A. (2013). Formulation and characterization of functional foods based on fruit and vegetable residue flour. *Journal of Food Science and Technology*, 52, 822-830.
- FEUM. (2014). *Farmacopea Herbolaria de los Estados Unidos Mexicanos* (décimo segunda edición). México: Secretaría de Salud.
- Foschia, M., Horstmann, S. W., Arendt, E. K., & Zannini, E. (2017). Legumes as functional ingredients in gluten-free bakery and pasta products. *Annual Review of Food Science and Technology*, 8, 75-96. <https://doi.org/10.1146/annurev-food-030216-030045>
- Gostin, A. I. (2019). Effects of substituting refined wheat flour with whole meal and quinoa flour on the technological and sensory characteristics of salt-reduced breads. *LWT-Food Science and Technology*, 114, 108412. <https://doi.org/10.1016/j.lwt.2019.108412>
- Gouw, V. P., Jung, J., & Zhao, Y. (2017). Functional properties, bioactive compounds and in vitro gastrointestinal digestion, study of dried fruit pomace powders as functional food ingredients. *LWT-Food Science and Technology*, 80, 136-144. <https://doi.org/10.1016/j.lwt.2017.02.015>
- Heuzé, V., & Tran, G. (2020). *Coffee hulls, fruit pulp and by-products*. <https://feedipedia.org/node/549>.

- Huang, X., Fan, Y.i., Lu, T., Kang, J., Pang, X., Han, B., & Chen, J. (2020). Composition and metabolic functions of the microbiome in fermented grain during light-flavor baijiu fermentation. *Microorganisms*, 8(9), 1281. <https://doi.org/10.3390/microorganisms8091281>
- Iriondo-DeHond, A., Aparicio, N., Fernandez-Gomez, B., Guisantes-Batan, E., Velázquez, F., Blanch, G. P., San Andres, M. I., Sánchez-Fortune, S., & Del Castillo, M. D. (2019). Validation of coffee by products as novel foods ingredients. *Innovative Food Science and Emerging Technologies*, 51, 194-204. <https://doi.org/10.1016/j.ifset.2018.06.010>
- Islam, M., Kitamura, Y., Kokawa, M., Monalisa, K., Hsuan, F., & Miyamura, S. (2017). Effects of micro wet milling and vacuum spray drying on the physicochemical and antioxidant properties of orange (Citrus unshiu) juice with pulp powder. *Food and Bioprocess Processing*, 101, 132-144. <https://doi.org/10.1016/j.fbp.2016.11.002>
- Janissen, B., & Huynh, T. (2018). Chemical composition and value-adding applications of coffee industry by-products: A review. *Resources, Conservation and Recycling*, 128, 110-117. <https://doi.org/10.1016/j.resconrec.2017.10.001>
- Jinapong, N., Suphantharika, M., & Jammong, P. (2008). Production of instant soymilk powders by ultrafiltration, spray drying and fluidized bed agglomeration. *Journal of Food Engineering*, 84(2), 194-205. <https://doi.org/10.1016/j.jfoodeng.2007.04.032>
- Kraithong, S., Lee, S., & Rawdkuen, S. (2018). Physicochemical and functional of Thai organic rice flour. *Journal of Cereal Science*, 79, 259-266. <https://doi.org/10.1016/j.jcs.2017.10.015>
- Kui, S., Jiang, H., Yu, X., & Lin, J. (2014). Physicochemical and functional properties of whole legume flour. *LWT-Food Science and Technology*, 55, 308-313. <https://doi.org/10.1016/j.lwt.2013.06.001>
- Li, D., & Zhu, F. (2019). Physicochemical, functional and nutritional properties of kiwifruit flour. *Food Hydrocolloids*, 92, 250-258. <https://doi.org/10.1016/j.foodhyd.2019.01.047>
- Li, L., Zhang, M., & Bhandari, B. (2019). Influence of drying methods on some physicochemical, functional and pasting properties of chinese yam flour. *LWT- Food Science and Technology*, 111, 182-189. <https://doi.org/10.1016/j.lwt.2019.05.034>
- Lovegrove, A., Edwards, C. H., De Noni, I., Patel, H., El, S. N., Grassby, T., Zielke, C., Ulmius, M., Nilsson, L., Butterworth, P. J., Ellis, P. R., & Shewry, P. R. (2017). Role of polysaccharides in food, digestion, and health. *Critical Reviews in Food Science and Nutrition*, 57, 237-253. <https://doi.org/10.1080/10408398.2014.939263>
- Marino, D. C. (2019). Minerals. In A. Farah (Ed.). *Coffee: production, quality, and Chemistry* (pp. 505-516). United Kingdom: The Royal Society of Chemistry.
- Mussato, S. I., Machado, E. M. S., Martins, S., & Teixeira, J. A. (2011). Production, composition and application of coffee and its industrial residues. *Food and Bioprocess Technology*. <https://doi.org/10.1007/s11947-011-0565-z>
- SEGOB. (2009). *Norma Oficial Mexicana NOM-247-SSA1-2008, Productos y servicios. Cereales y sus productos. Cereales, harinas de cereales, sémolas o semolinas. Alimentos a base de: cereales, semillas comestibles, de harinas, sémolas o semolinas o sus mezclas. Productos de panificación. Disposiciones y especificaciones sanitarias y nutrimentales. Métodos de prueba*. Secretaría de Gobernación.
- Ramirez, V. A., & Jaramillo, L. J. C. (2015). *Process for obtaining honey and/or flour of coffee from the pulp or husk and the mucilage of the coffee bean*. U. S. Patent 14/364, 925.
- Wang, H., Yang, Q., Gao, L., Gong, X., Qu, Y., & Feng, B. (2020). Functional and physicochemical properties of flours and starches from different tuber crops. *International Journal of Biological Macromolecules*, 148, 324-332. <https://doi.org/10.1016/j.ijbiomac.2020.01.146>
- Yeh, H. Y., Suy, N. W., & Lee, M. H. (2005). Chemical compositions and physicochemical properties of the fiber-rich materials prepared from shoyu mash residue. *Journal of Agricultural and Food Chemistry*, 53, 4361-4366. <https://doi.org/10.1021/jf050243g>

- Yuksel, F., Yavuz, B., & Baltaci, C. (2022). Some physicochemical, color, bioactive and sensory properties of a pesil enriched with wheat, corn and potato flours: An optimization study based on simplex lattice mixture design. *International Journal of Gastronomy and Food Science*, 100513. <https://doi.org/10.1016/j.ijgfs.2022.100513>
- Zhu, F., & He, J. (2020). Physicochemical and functional properties of Maori potato flour. *Food Bioscience*, 33, 100488. <https://doi.org/10.1016/j.fbio.2019.100488>

**CC BY-NC-ND**