



ANCAM and its Journal: a long way ahead

La ANCAM y su revista: un largo camino por delante

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Only those individuals, communities and nations that have the capacity to reshape and adapt themselves to the changes and challenges that life imposes, can evolve, and succeed in the long term. Our beloved Association, ANCAM, during its still short life, has demonstrated the ability to transform itself, understanding the encryption of the newer times and adequately remodelling to adjust to the needs and demands of a complex new era. It was just yesterday when a small group of dreamers, led by our founder Dr. Guillermo González, gave life to a new cardiology society that against all odds, in a relatively short lapse has become a splendid and successful professional and academic organization.

But, together with the pride that such success awakens, we must not rest in the comfortable bed of complacency. Rather, we must remain critical, dissatisfied, and attentive to attain the multiple goals that we have not yet achieved. The spirit of ANCAM, since it was born, has been inclusion, democracy, and acceptance of diversity. Those are the strengths that have brought together other commendable sister associations, with which we make up a formidable body that covers all the vast fields of the basic science, clinical medicine, therapeutics, and prevention, which are the fundamental pillars and foundations of cardiovascular and cardiometabolic science.

Our journal must be at the height of the development of our Association. But that ascent will only be attained with the assistance

and cooperation of all of us. We acknowledge and appreciate the invaluable help and editorial independence that our former Presidents, Drs. José Manuel Enciso Muñoz, Francisco Javier León Hernández, and Pedro Gutiérrez Fajardo, generously gave us. We also want to thank our new President, Dr. Gabriela Borraro Sánchez, for having granted us her trust and support to continue in this difficult but rewarding editorial task. In a short time, the Board of Directors and the Advisory Council of our Association will study a series of actions that the Editorial Committee is proposing to achieve our incorporation to the MEDLINE® and PubMed® database, which will improve the visibility of the scientific material published here.

One of my motivational manias, which reminds that the rainbow is not at the end of the road, but on the road itself, is expressed beautifully in the poem of Robert Frost:

*The woods are lovely dark and deep
But I have promises to keep,
and miles to go before I sleep,
and miles to go before I sleep*

Our Association and its Journal, despite their successes and achievements, still have a long way to go before they can lay down to rest.

The Editorial Committee wishes to thank all those who have made it possible for the journal to continue its path: authors, reviewers, directors, the hard-working and gifted administrative

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team of ANCAM, the Medigraphic publishing house, the microsite technicians, the companies that have supported this effort with their advertisements, and ultimately, the readers of the published materials.

To all of them, our most sincere gratitude.

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